I Am Tired

By: Dr. Aaron R. Kuzel, D.O., M.B.A. October 2021

We thought this would be over by now, Said the politicians, the pundits, the lobbyist in tow. My trepidations of what the holidays may hold I will not falter in my work. but I, I am tired.

"We'll get you the PPE!" said the administrators with passion. For now, we have only a few masks to ration. The beds are nearing immediate capacity. I will not falter in my work. but I, I am tired.

Yet one year in, we have the equipment, But did we forget about those most important? The ones you prodded on pedestals, only to be forgotten. I will not falter in my work. but I, I am tired.

Despite the mantra, "Heroes work here." Expendable, is the term more abundantly clear. Essential workers giving up and leaving in droves. I will not falter in my work. but I, I am tired.

The medical societies call for physician wellness. Congress undercuts; our salaries they menace. Hero a term, used to slash budgets. I will not falter in my work. but I, I am tired.

Physicians and nurses fall victim in the fight. Anxiety and depression, extinguish the light. More fall victim to those demons than corona. I will not falter in my work. but I, I am tired.

Infection rates steadily climbing. Trauma and medical emergencies priming. Do they not realize we are running out of beds? I will not falter in my work. but I, I am tired. The city is alight; Looting, rioting, gunshots galore. I render aid nonetheless to those "society" abhors. The wounds are patched, the quality unmatched. I will not falter in my work. but I, I am tired.

There will be no triumph, no glory, no memorials. No songs, no ballads or laurels Lost relatives and occasions of time forever fleeting. I will not falter in my work. but I, I am tired.

This will pass, of that, I am sure. in silence, with whisper, forgotten long ago. But the trauma will haunt, never ever healing. I will not falter in my work. but I, I am tired.

I will not falter as this is my duty. To be compassion and healing for humanity. But my God, I only ask for continued strength, The burden is becoming more difficult to embrace. And, I am so, so tired.