

PAULINE (POLLY) WILTZ

Languages: English, Spanish, German

EDUCATION AND TRAINING

Chief Resident – Emergency Medicine Case Western Reserve University/University Hospital Cleveland, OH	June 2024 – July 2025
Emergency Medicine Resident Case Western Reserve University/University Hospital Cleveland, OH	June 2022 – June 2024
Doctor of Osteopathic Medicine Pacific Northwest University of Health Sciences Yakima, WA	June 2018 - May 2022
Bachelor of Arts - Spanish Western Washington University Bellingham, WA	Sept 2009 - Dec. 2014
Bachelor of Science - Biochemistry Western Washington University Bellingham, WA	Sept 2009 - Dec. 2014

LEADERSHIP

EMRA Health Policy Academy	December 2023 – present
<ul style="list-style-type: none">▪ Wrote resolutions and led discussion at EMRA Representative Council Reference Committee▪ Represented EMRA at the ACEP Leadership and Advocacy Conference and during ACEP council▪ Active leader in Reference Committee for EMRA Representative Council during ACEP 2024▪ Spearheaded EMTALA advocacy campaign in conjunction with Center for American Progress and Doctors for America▪ Provided live testimony along side House Rep. Ilana Rubel (D-Idaho) during Supreme Court Case Hearing▪ Published a commissioned article to Scientific American on the Supreme Court Decision surrounding EMTALA<ul style="list-style-type: none">○ “The Supreme Court’s Idaho Decision Lets Me Keep Saving Lives.” Scientific American. June 2024. https://www.scientificamerican.com/article/the-supreme-courts-idaho-decision-lets-me-keep-saving-lives/	
Recruitment Chair – UHCMC EM Residency Program	July 2023 - 2024
<ul style="list-style-type: none">▪ Selected by residency leadership to develop year-long in-person and virtual recruitment events to assist in recruitment for EM Class of 2027▪ Developed a resident-led recruitment committee for future residents to apply and continue recruitment activities in upcoming academic years.	
Doctors for America Health Policy Copello Fellowship	Sept 2023 – present
<ul style="list-style-type: none">▪ Organized national advocacy grand rounds health policy focused on advocacy, action planning, media relations and communication strategy, engaging with legislators on community health impact areas including gun violence prevention, substance use disorder reduction and women’s reproductive health.	

- Chair of Public Health Subcommittee
- Represented physicians and advocated for patients in Washington D.C. through the FDA Task Force
- Received the Doctors for America Founders' Award for Excellence in Advocacy, presented by the Surgeon General, Vivak Murthy

Resident Councillor – Ohio ACEP

Aug 2023

- Elected by the residents in the state of Ohio to serve as Councillor during ACEP national council meeting and represent resident voices at the national level in Philadelphia, PA.
- Voting member during ACEP council meeting
- Provided testimony on a national level surrounding gun violence and the effects on pediatric populations

Ohio ACEP Government Affairs Committee

Oct 2022 – present

- Assisted in drafting a bill on violence against health workers in the ED that has recently gained bipartisan sponsorship in the state of Ohio.

WORK AND EDUCATION EXPERIENCE

Student Osteopathic Medical Association

Jan 2021 – May 2022

National Board Director of Community Outreach

- Elected to the National Board. Organized a COVID Vaccine Campaign in collaboration with the American Osteopathic Association that led to advocacy efforts to include medical students in vaccination of front-line workers. Oversaw the Overdose Prevention Task Force, organizing nation-wide virtual conference on substance abuse and increasing access to Narcan training to 400 medical students. Selected to represent SOMA on the National Board of Osteopathic Medical Examiners Student Experience Panel.

Pacific Northwest University of Health Sciences

Aug 2019 – May 2021

Recitation Leader and Tutor

- Facilitated discussions on areas of the Respiratory, Musculoskeletal/Rheumatology, Cardiology, and Scientific Foundations of Medicine course content, readings, and assignments that students found confusing or difficult.

Heritage University

Aug 2019 – May 2020

Graduate Teaching Assistant – Human Physiology Lab

- Organized a Lab Course for twenty nursing students and mentored students and held office hours to consult with students that needed assistance, maintained course website, and proctored and graded written exams.

Peace Corps Volunteer and Volunteer Leader

Mar 2015 – Jan 2018

Community Health Educator in Nicaragua

- Served as a project designer, training specialist, Youth Camp Counselor and Sexual Reproductive Health Educator. As the program coordinator, contributions included: advisor, grant specialist, curriculum developer.
- Selected by the Country Director and Health Program Director of Nicaragua to extend service an extra year as Peace Corps Volunteer Leader. Co-facilitated Pre-service training for incoming volunteers. Traveled to individual volunteer sites to provide mental health resources, assist in project implementation, develop sites for new volunteers, and facilitate relationships between volunteers and local counterparts.

Mt St Helens National Volcanic Monument

Jun 2012-Sept 2014

Interpretive Guide/Park Ranger (Seasonal)

- Oversaw safety and security of park visitors, monitored safety of hiking trails, and led guided hikes throughout several trails within the monument. Offered translated Ranger Presentations in German and Spanish for international visitors.

RESEARCH AND SCHOLARLY ACTIVITY

Grants

- Wiltz, P., Faryar, K. From Margins to Mainstream: Mapping Health Disparities in Obstetric Care in the Emergency Department
 - Awarded \$5000 from the Society for Academic Emergency Medicine for original research designed by a resident (RAMS Grant)

Academic Publications

- Wiltz, P. Identifying and Managing Vector-Borne Diseases in Migrants and Recent Travelers in the Emergency Department. *Curr Emerg Hosp Med Rep* (2023). <https://doi.org/10.1007/s40138-023-00265-4>

Op-ED Publications

- “The Supreme Court’s Idaho Decision Lets Me Keep Saving Lives.” *Scientific American*. June 2024. <https://www.scientificamerican.com/article/the-supreme-courts-idaho-decision-lets-me-keep-saving-lives/>
- “I’m an Ohio emergency care resident. My ability to provide access to abortions has saved lives.” *Ohio Capitol Journal*. April 2024. <https://ohiocapitaljournal.com/2024/04/17/im-an-ohio-emergency-care-resident-my-ability-to-provide-abortion-care-has-saved-lives/>
- “How has the COVID Pandemic changed healthcare.” *The DO Newsletter*. September 2022. <https://thedo.osteopathic.org/2022/09/how-has-the-covid-pandemic-changed-health-care/>
- “From student to resident: Tips for transitioning from virtual medical school.” *The DO Newsletter*. May 2022. <https://thedo.osteopathic.org/columns/from-student-to-resident-tips-for-transitioning-from-virtual-med-school/>
- “The burden of medical school debt: How to Advocate for Change.” *The DO Newsletter*. April 2022. <https://thedo.osteopathic.org/columns/the-burden-of-medical-school-debt-how-to-advocate-for-change/>
- “Stigma and Stereotypes Have No Place in Medicine.” *Kevin MD*. September 2021. <https://www.kevinmd.com/2021/09/stigma-and-stereotypes-have-no-place-in-medicine.html>
- “Coping During a Crisis: COVID-19’s Impact on Medical Students.” *AAMC Aspiring Doc Diaries Blog*. September 2020.
Selected for AAMC’s Top 10 Blogs of 2020

Abstracts and Presentations

- Wiltz, P., Bradsky, M., Bilyeu, G., Jeffery, T., Cleary, A., Briggs, MLIS, AHIP, Early, K. PhD Health Inequities Among Persons of Color during the SARS2-COV Outbreak: A Scoping Review.
 - Oral Presentation at PNWU Research Symposium. April 9th, 2021.
 - President’s Scholar Award – First Place for Oral Presentations

- Oral Presentation at Virtual Osteopathic Conference. April 17th, 2021.
 - Best In State – Awarded by Washington Osteopathic Medical Association
- Poster Presentation at AACOM Educating Learners Virtual Conference. Apr 21st, 2021.
- Poster Presentation at American Medical Association Research Symposium. Oct. 22, 2021
- Wiltz, P., Berg, T. MD - An Insidious Progression of *Morganella morganii* in Ascending Cellulitis.
 - Oral Presentation at the Virtual Western Medical Research Conference. Jan 30th, 2021.

HONORS AND AWARDS

Doctors for America Founders' Award for Excellence in Advocacy	June 2024
NBOME Outstanding Service Award	June 2022
Washington ACEP Future Leader Scholar	May 2022
SOMA President's Award	April 2022
Martin Family – Doctors Are Cool Scholarship	April 2021
Gold Humanism Honors Society	Mar 2021
PNWU Student Doctor of the Year – 1 st Runner Up	Dec 2020
Pride Foundation Scholar	Jun 2020
Cadwell Laboratories Endowed Scholarship	Apr 2020
Omega Beta Iota National Osteopathic Political Society	Mar 2020
A.T. Still Osteopathic Medicine Scholarship	Apr 2019