

## *EM Resident* Submission Requirements

Please send us Microsoft Word documents and native image files, using the following parameters:

- **GIVE PROPER CREDIT.** Include the name, credentials, title, institution, and social media tags of **ALL authors at the top of your Word document.**
- Please include a portrait of each author.
- **Do not plagiarize.** Use citations, and format your references per AMA Style.
- Do not submit your article simultaneously to any other journal.
- Medical students are welcome to submit clinical content with a physician (resident or faculty) as a co-author.
  - Non-clinical content does not require a physician co-author.
  - If you are a medical student without an EM physician mentor, please email [emresidenteditor@emra.org](mailto:emresidenteditor@emra.org) for help.
- Articles must be *at least* 700 words, not including references. There is no upper word limit; be thorough but concise.

### Photos/Charts/Graphs/Scans

- Send your images as *separate* jpg, png, tiff, or gif files – not embedded in your Word document.
- If you use a copyrighted photo, scan, chart, or graph, then written permission must accompany it. **No exceptions.**  
(Email counts as written permission. And FYI: Every journal is copyrighted, as are most blogs.)
- If you grab an image off the Internet, **written permission must accompany it.**

### EMRA Style Guide for *EM Resident*

*EM Resident* follows the AMA Manual of Style and the *Annals of Emergency Medicine* style in most cases, although some exceptions apply:

- **EMRA:** No need to spell out Emergency Medicine Residents' Association on first reference.
- **Abbreviations:** Include abbreviations in parenthesis upon first reference.  
(Example: *The Accreditation Council for Graduate Medical Education (ACGME) offers a workshop on leadership skills for chief residents.*)
- **Serial comma (aka Oxford comma):** Use it. (Examples: *“one, two, **and** three”* but never *“one, **and** two”*)
- **Emergency medicine:** Do not capitalize unless it's part of a proper noun, and it's OK to use EM on second reference. (Example: *The specialty of emergency medicine was approved by the American Board of Medical Specialties (ABMS) in 1979.*)
- **Emergency department:** Do not capitalize unless it's part of a proper noun, and it's OK to use ED on first reference. (Example: *ED visits are on the rise.*)
- **ER:** If it's part of a proper name, it's OK to keep. Otherwise the term is emergency department (not capitalized) or ED.
- **Health care:** Two words
- **Numerals and percentages:** Use numerals rather than long-form words, and use the percent sign.
- **Headlines and subheadings:** Include them on your paper, please. A descriptive, engaging headline sets expectations for the reader, and subheadings are important to help readers scan quickly.
- **Take-home points, pearls, and calls to action:** All of these help readers connect with your article. Include them when it makes sense to do so.

Need help? Email [emresidenteditor@emra.org](mailto:emresidenteditor@emra.org). We're here!

